

## Template for a profile card

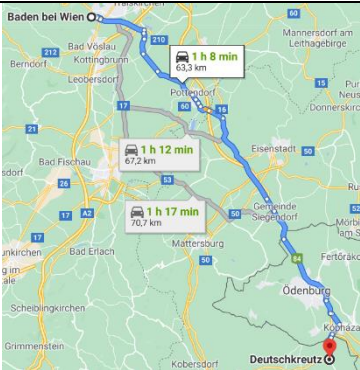
Here you can see an example of a profile card for a selected mineral water. You will also find a blank card as a template. Duplicate this blank card and fill it in the same way as the example.


The fields marked with a light blue background represent "the more, the better", those marked with light red colour show "the less, the better".

# JUVINA

*JUVINA - the Burgenland source of youth*

Bottled in Deutschkreutz /Burgenland  
(63 travelled kilometres)



	<b>Minerals and trace elements (in mg/l)</b>			
	Total amount = 2677,6 mg/l			
	<b>Ca<sup>2+</sup></b>	247,4	<b>Cl<sup>-</sup></b>	52,3
	<b>K<sup>+</sup></b>	17,6	<b>HCO<sub>3</sub><sup>-</sup></b>	1677,5
	<b>Mg<sup>2+</sup></b>	57,4	<b>NO<sub>3</sub><sup>-</sup></b>	
	<b>Na<sup>+</sup></b>	301,0	<b>SO<sub>4</sub><sup>2-</sup></b>	99,1
	<b>Jodine</b>	0,00	<b>Flouride</b>	0,42
<b>Health aspects</b>				
JUVINA provides over 1300 mg of hydrogen carbonate per litre. Therefore, it can help the body to compensate or mitigate disturbances of acid-base balance.				

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	Total amount =		
	<b>Ca<sup>2+</sup></b>		<b>Cl<sup>-</sup></b>
	<b>K<sup>+</sup></b>		<b>HCO<sub>3</sub><sup>-</sup></b>
	<b>Mg<sup>2+</sup></b>		<b>NO<sub>3</sub><sup>-</sup></b>
	<b>Na<sup>+</sup></b>		<b>SO<sub>4</sub><sup>2-</sup></b>
	<b>Jodine</b>		<b>Flouride</b>
	<b>Health aspects</b>		